# Get with the Guidelines Program Alignment



### Stroke

### **Achievement**

### **Anticoagulation for AFib/Aflutter**

Percent of patients with an ischemic stroke or TIA with atrial fibrillation/flutter discharged on anticoagulation therapy. Corresponding measures available for observation status only as well as inpatient stroke cases.

### **Program Titles**

Anticoagulants: How a Blood Clot Forms

Anticoagulants: Possible Side Effects

Anticoagulants: The Danger of Blood Clots

General Safety Tips While Taking an Anticoagulant

Taking Your Anticoagulant Safely

The AFib Five: 5 Steps to Your Healthiest Life with AFib (Part 1)

The AFib Five: 5 Steps to Your Healthiest Life with AFib (Part 2)

The AFib Five: 5 Steps to Your Healthiest Life with AFib (Part 3)

The AFib Five: 5 Steps to Your Healthiest Life with AFib (Part 4)

The AFib Five: John Criswell's Story
The AFib Five: Maricela Wilson's Story

What is an Anticoagulant?

#### **Antithrombotics**

Percent of patients with an ischemic stroke or TIA prescribed antithrombotic therapy at discharge. Corresponding measures available for observation status only & inpatient stroke cases.

### **Program Titles**

Let's Talk About Lifestyle Changes To Prevent Stroke

Stroke Caregiver Guide to Stroke: Medical Management

Stroke: The Importance of Taking Your Medications

### **Early antithrombotics**

Percent of patients with ischemic stroke or TIA who receive antithrombotic therapy by the end of hospital day two. Corresponding measures available for observation status only & inpatient stroke cases.

#### **Program Titles**

Clot-Dissolving Drugs for Heart Attack and Stroke

Stroke Care: Every Minute Counts

Program Alignment



### IV rt-PA arrive by 2 hour, treat by 3 hour

Percent of acute ischemic stroke patients who arrive at the hospital within 120 minutes (2 hours) of time last known well and for whom IV t-PA was initiated at this hospital within 180 minutes (3 hours) of time last known well. Corresponding measure available for inpatient stroke cases.

### **Program Titles**

Clot-Dissolving Drugs for Heart Attack and Stroke

Stroke Care: Every Minute Counts

### **Smoking cessation**

Percent of patients with ischemic or hemorrhagic stroke, or TIA with a history of smoking cigarettes, who are, whose caregivers are, given smoking cessation advice or counseling during hospital stay. Corresponding measures available for observation status only & inpatient stroke cases.

### **Program Titles**

Benefits to Staying Quit

Creating a Quit Tobacco Plan

Discovering Your Triggers

How Can I Avoid Weight Gain When I Stop Smoking?

How Can I Quit Smoking?

Identifying Your Reasons to Quit

Preparing to Quit

Products that Can Help with Withdrawal

Setting Your Quit Date

The Need for Support

Understanding Slips and Relapses

### **Statin Prescribed at Discharge**

Percent of ischemic stroke or TIA patients who are discharged on Statin Medication. Corresponding measures available for observation status only as well as inpatient stroke cases.

### **Program Titles**

Heart Attack Medications: Statins

High Cholesterol: Understanding Statins

Program Alignment



### **VTE** prophylaxis

Percent of patients with ischemic stroke, hemorrhagic stroke, or stroke not otherwise specified who receive VTI prophylaxis the day of or the day after hospital admission.

### **Program Titles**

VTE Signs and Symptoms

**VTE Treatment** 

## Quality

### **Intensive Statin Therapy**

Percent of ischemic stroke and TIA patients who are discharged with intensive statin therapy.

#### LDL documented

Percent of ischemic stroke or TIA patients with a documented lipid profile.

### **Program Titles**

Exercise and Blood Cholesterol Management

High Cholesterol: Understanding Statins

How Can I Improve My Cholesterol?

How Can I Lower High Cholesterol?

How Do My Cholesterol Levels Affect My Risk of Heart Attack and Stroke?

Life's Simple 7: Control Cholesterol

Managing Cholesterol: Healthy Food Choices

**Taking Cholesterol Medications** 

**Understanding High Blood Cholesterol** 

What Are Cholesterol-Lowering Medicines?

What Are High Blood Cholesterol and Triglycerides?

Your Cholesterol Management Plan

### Rehabilitation considered

Percent of patients with stroke who were assessed for rehabilitation services.

### **Program Titles**

A Kitchen Makeover: Making cooking simpler and safer

Home Modifications: Modify your bedroom to match your abilities

Make Your Home Work For You: Moving Around the House

Program Alignment



Stroke Recovery: Common Speech and Communication Challenges

The Bathroom: Modify the Room to Match Your Abilities

Transfers: Rules for Safety Your Stroke Recovery Plan

### Stroke education

Percent of patients with stroke or TIA or their caregivers who were given education and/or educational materia during the hospital stay addressing ALL of the following: personal risk factors for stroke, warning signs for strol activation of emergency medical system, the need for follow-up after discharge, and medications prescribed.

### **Program Titles**

Common Effects of Stroke

Cryptogenic Stroke: A Collaborative Care Approach

Felix's Stroke Survival Story

How Should I Communicate with Heart and Stroke Patients?

Know Your Risk Factors for Stroke

Let's Talk About Carotid Endarterectomy

Let's Talk About Changes Caused by Stroke

Let's Talk About Complications After Stroke

Let's Talk About Driving After Stroke

Let's Talk About Emotional Changes After Stroke

Let's Talk About Feeling Tired After Stroke

Let's Talk About Hemorrhagic Stroke

Let's Talk About High Blood Pressure and Stroke

Let's Talk About Ischemic Strokes

Let's Talk About Lifestyle Changes To Prevent Stroke

Let's Talk About Living at Home After Stroke

Let's Talk About Risk Factors for Stroke

Let's Talk About Stroke and Aphasia

Let's Talk About Stroke Diagnosis

Let's Talk About Stroke Rehabilitation

Let's Talk About Stroke, TIA and Warning Signs

Let's Talk About The Stroke Family Caregiver

Make Your Work Match Your Abilities

Managing Stroke Risk with AFib

Program Alignment



Post-Stroke Checklist: Improving Life After Stroke

Recognizing Stroke Symptoms

Stroke Caregiver Guide to Stroke: Effects of a Stroke Stroke Caregiver Guide to Stroke: Emotional Support

Stroke Caregiver Guide to Stroke: Legal, Financial and Health Coverage 101

Stroke: Emotions and Support Stroke: Financial Concerns Stroke: Hospital Discharge

The Impact of Exercise on Stroke Prevention and Recovery

What are Heart Disease and Stroke?

What Are the Warning Signs of Stroke?

What is a Hemorrhagic Stroke?

What is a TIA?

What is an Ischemic Stroke?

### Time to intravenous thrombolytic therapy-60 min.

Percent of acute ischemic stroke patients receiving intravenous tissue plasminogen activator (tPA) therapy during the hospital stay who have a time from hospital arrival to initiation of thrombolytic therapy administration (door to-needle time) of 60 minutes or less

### **Program Titles**

Let's Talk About Ischemic Strokes

# Reporting

### **Antihypertensives**

Rate of prescription of different types of anti-hypertensive medications at discharge for ischemic stroke or TIA patients.

### **Program Titles**

**Blood Pressure Measurement Instructions** 

**Blood Pressure Medications** 

**Blood Pressure Tracker** 

**Control Hypertension** 

Controlling High Blood Pressure

Controlling High Blood Pressure: Are You at Risk? Controlling High Blood Pressure: Get in Control

Program Alignment



Controlling High Blood Pressure: Making a Difference at the VA

Controlling Your High Blood Pressure

High Blood Pressure and the DASH Diet

High Blood Pressure Prevention & Management

High Blood Pressure: Getting Support

How Can I Monitor My Cholesterol, Blood Pressure and Weight?

How Can I Reduce High Blood Pressure?

Life's Simple 7: Manage Blood Pressure

Lower Blood Pressure: Overview of Check. Change. Control.

Managing High Blood Pressure with Lifestyle Changes

My Blood Pressure Log

Self-Measured Blood Pressure Monitoring

Taking Your Own Blood Pressure

What About African Americans and High Blood Pressure?

What do Blood Pressure Numbers Mean?

What Is High Blood Pressure Medicine?

What Is High Blood Pressure?

What is High Blood Pressure?

### Antithrombotic medication(s) at discharge

Patients grouped by antithrombotic medication prescribed at discharge.

### **Program Titles**

Anticoagulants: How a Blood Clot Forms

Anticoagulants: Possible Side Effects

Anticoagulants: The Danger of Blood Clots

General Safety Tips While Taking an Anticoagulant

Going Home On Blood Thinners (Part 1)

Going Home On Blood Thinners (Part 2)

Going Home On Blood Thinners (Part 3)

Going Home On Blood Thinners (Part 4)

How Do I Manage My Medicines?

How to Inject Enoxaparin

How to Inject Lovenox

Program Alignment



Let's Talk About Anticoagulants and Antiplatelet Agents

**Medication Management** 

Medications that Help Prevent Blood Clots

Preventing Injuries While Taking Warfarin

Taking Control of Your Medicine

Taking Warfarin Safely

Taking Your Anticoagulant Safely

Warfarin and Food

Warfarin: Your INR Goal

What Are Anticoagulants and Antiplatelet Agents?

What is an Anticoagulant?

What is Warfarin?

Your Care at Home: Taking Blood Thinners

### **Diabetes teaching**

Percent of diabetic patients or newlydiagnosed diabetics receiving diabetes teaching at discharge.

### **Program Titles**

Managing Your Diabetes: An Introduction

Managing Your Diabetes: Being Active

Managing Your Diabetes: Healthy Coping

Managing Your Diabetes: Healthy Eating

Managing Your Diabetes: Monitoring

Managing Your Diabetes: Problem Solving

Managing Your Diabetes: Reducing Risks

Managing Your Diabetes: Taking Medication

### **Diabetes treatment**

Percent of diabetic patients or newlydiagnosed diabetics receiving diabetes treatment in the form of gylcemic control (diet and/or medication) at discharge.

### **Program Titles**

Diabetes: Treatments (Part 1)

Diabetes: Treatments (Part 2)

Diabetes: Treatments (Part 3)

Diabetes: Treatments (Part 4)

Program Alignment



Is Your Plan for Treating Diabetes Working?

Learning All You Can About Diabetes

Life's Simple 7: Reduce Blood Sugar

Lifestyle Changes for Better Diabetes Management

Your Type 2 Diabetes Plan

### **Diabetic medications**

Percent of patients who have diabetes mellitus or are taking diabetic medication prior to admission who are discharged on diabetic medication.

### **Weight recommendation**

Percent of ischemic stroke or TIA patients with BMI  $\geq$ 25 kg/m2 who receive recommendations at discharge for reducing weight and/or increasing activity.

### **Program Titles**

Creating Your Weight Loss Plan

Exercise and Weight Loss

Food Choices for Weight Loss

The Importance of Support for Weight Loss

The Risks of Being Overweight

Tips for Managing Your Weight