



Congratulations
**ON THE BIRTH
OF YOUR BABY!**



Watch **WEBMD TV NEWBORN CHANNEL**

for video tips on everything baby and postpartum care!

PROUDLY PRESENTED BY:

english

español

TURN TO CHANNEL

BABY BASICS

Lo esencial sobre el bebé

12:00am/pm | 4:00am/pm | 8:00am/pm

BABY'S HEALTH

La Salud del Bebé

12:30am/pm | 4:30am/pm | 8:30am/pm

GOING HOME WITH BABY

Llevando al bebé a casa

1:00am/pm | 5:00am/pm | 9:00am/pm

NEWBORN CARE

Cuidado del Recién Nacido

1:30am/pm | 5:30am/pm | 9:30am/pm

BREASTFEEDING TIPS

Consejos para la Lactancia Materna

2:00am/pm | 6:00am/pm | 10:00am/pm

STARTING BREASTFEEDING

Inicio de la Lactancia

2:30am/pm | 6:30am/pm | 10:30am/pm

TAKING CARE OF MOM

Cuidando a mamá

3:00am/pm | 7:00am/pm | 11:00am/pm

WHAT TO EXPECT IN THE HOSPITAL

Qué va a Suceder en el Hospital

3:30am/pm | 7:30am/pm | 11:30am/pm

Effective April 1, 2025 thru June 30, 2025

Efectivo desde el 1 de abril de 2025 hasta el 30 de junio de 2025

english

español

Passcode:

THERE'S SO MUCH TO LEARN WITH A NEW BABY!

For more trusted tips on newborn care from this facility, visit

To view more videos, visit:

Passcode:



Am I DOING THIS RIGHT?

AS A NEW PARENT, IT'S NORMAL TO HAVE A LOT OF QUESTIONS.

Not all answers are equal, but luckily we've got answers you can trust.

Visit the website listed on the front of this guide for videos and articles on a variety of topics from **newborn and postpartum care to breastfeeding, infant safety and parenting.***

Please ASK QUESTIONS!

Be sure you know the answers to these common questions before you leave the hospital.

- ✓ Are there any activities I should avoid?
- ✓ Who do I call in case of an emergency?
- ✓ When should I schedule a follow up visit?
- ✓ When should baby see the doctor?
- ✓ Who do I call if I have questions about breastfeeding?

List your questions:

1. _____
2. _____
3. _____
4. _____
5. _____

**Not available in all hospitals*