



Congratulations ON THE BIRTH OF YOUR BABY!



Watch WEBMD TV NEWBORN CHANNEL

for video tips on everything baby and postpartum care!

PROUDLY PRESENTED BY:

TURN TO CHANNEL

español

BABY BASICS

Lo esencial sobre el bebé

12:00am/pm | 4:00am/pm | 8:00am/pm

BREASTFEEDING TIPS

Consejos para la Lactancia Materna

2:00am/pm | 6:00am/pm | 10:00am/pm

BABY'S HEALTH

La Salud del Bebé

12:30am/pm | 4:30am/pm | 8:30am/pm

STARTING BREASTFEEDING

Inicio de la Lactancia

2:30am/pm | 6:30am/pm | 10:30am/pm

GOING HOME WITH BABY

Llevando al bebé a casa

1:00am/pm | 5:00am/pm | 9:00am/pm

TAKING CARE OF MOM

Cuidando a mamá

3:00am/pm | 7:00am/pm | 11:00am/pm

NEWBORN CARE

Cuidado del Recién Nacido

1:30am/pm | 5:30am/pm | 9:30am/pm

WHAT TO EXPECT IN THE HOSPITAL

Qué va a Suceder en el Hospital

3:30am/pm | 7:30am/pm | 11:30am/pm

Effective October 1, 2024 thru December 31, 2024

Efectivo desde el 1 de octubre de 2024 hasta el 31 de diciembre de 2024

español

THERE'S SO MUCH TO LEARN WITH A NEW BABY!

For more trusted tips on newborn care from this facility, visit



Am I DOING THIS RIGHT?

AS A NEW PARENT, IT'S NORMAL TO HAVE A LOT OF QUESTIONS.
Not all answers are equal, but luckily we've got answers you can trust.

Visit the website listed on the front of this guide for videos and articles on a variety of topics from **newborn and postpartum care to breastfeeding, infant safety and parenting.***

Please ASK QUESTIONS!

Be sure you know the answers to these common questions before you leave the hospital.

- Are there any activities I should avoid?
- Who do I call in case of an emergency?
- When should I schedule a follow up visit?
- When should baby see the doctor?
- Who do I call if I have questions about breastfeeding?

List your questions:

1. _____
2. _____
3. _____
4. _____
5. _____

**Not available in all hospitals*