

Library: Diabetes

Relevant Standard: MM.06.01.01

The hospital safely administers medications.

Element of Performance: 9

Before administering a new medication, the patient or family is informed about any potential clinically significant adverse drug reactions or other concerns regarding administration of a new medication. (See also MM.06.01.03, EPs 3–6; PC.02.03.01, EP 10)

Program Titles

Novolog	Medications
Preventing Diabetes Complications: Taking Medications Properly	Diabetes

Relevant Standard: MM.06.01.03

Self-administered medications are administered safely and accurately.

Note: The term "self-administered medication(s)" may refer to medications administered by a family member.

Element of Performance: 3

The hospital educates patients and families involved in self-administration about the following: Medication name, type, and reason for use. (See also MM.06.01.01, EP 9; PC.02.03.01, EP 10)

Program Titles

Novolog	Medications
Gestational Diabetes: Injecting Insulin with a Pen	Diabetes
Gestational Diabetes: Injecting Insulin with a Syringe	Diabetes
Gestational Diabetes: Managing Hypoglycemia	Diabetes
Managing Gestational Diabetes with Mixed-Dose Insulin Injections	Diabetes
Managing Gestational Diabetes with Single-Dose Insulin Injections	Diabetes
Using Insulin To Manage Gestational Diabetes	Diabetes
Diabetes Medications: Acarbose, Miglitol	Medications
Diabetes Medications: Rosiglitazone, Pioglitazone	Medications
Diabetes Medications: Sitagliptin, Saxagliptin, Linagliptin, and Alogliptin	Medications
Combination Diabetes Medications: Glucovance, Metaglip	Medications
Combination Diabetes Medications: Actoplus Met	Medications
Combination Diabetes Medications: Duetact	Medications
Combination Diabetes Medications: Janumet, Kombiglyze, Jentadueto	Medications
Metformin	Medications
Nateglinide	Medications
Diabetes Medications, Hypoglycemia and Sick Days	Diabetes
Glyburide	Medications
Glimepiride	Medications
Humalog	Medications
Humulin 70/30	Medications
Repaglinide	Medications
Byetta	Medications
Victoza	Medications
Bydureon	Medications
Trulicity	Medications
Using Insulin Safely	Diabetes

Element of Performance: 4

The hospital educates patients and families involved in self-administration about the following: How to administer medication, including process, time, frequency, route, and dose. (See also MM.06.01.01, EP 9; PC.02.03.01, EP 10)

Program Titles

Novolog	Medications
Using Insulin Safely	Diabetes

Element of Performance: 5

The hospital educates patients and families involved in self-administration about the following: Anticipated actions and potential side effects of the medication administered. (See also MM.06.01.01, EP 9; PC.02.03.01, EP 10)

Program Titles

Novolog	Medications
Using Insulin Safely	Diabetes

Element of Performance: 6

The hospital educates patients and families involved in self-administration about the following: Monitoring the effects of the medication. (See also MM.06.01.01, EP 9; PC.02.03.01, EP 10)

Program Titles

Novolog	Medications
---------	-------------

Relevant Standard: NPSG.03.06.01

Maintain and communicate accurate patient medication information.

Element of Performance: 5

Explain the importance of managing medication information to the patient when he or she is discharged from the hospital or at the end of an outpatient encounter.

Note: Examples include instructing the patient to give a list to his or her primary care physician; to update the information when medications are discontinued, doses are changed, or new medications (including over-the-counter products) are added; and to carry medication information at all times in the event of emergency situations. (For information on patient education on medications, refer to Standards MM.06.01.03, PC.02.03.01, and PC.04.01.05.)

Program Titles

Novolog	Medications
Preventing Diabetes Complications: Taking Medications Properly	Diabetes
Learning All You Can About Diabetes	Diabetes
Diabetes Medications: Acarbose, Miglitol	Medications
Diabetes Medications: Rosiglitazone, Pioglitazone	Medications
Diabetes Medications: Sitagliptin, Saxagliptin, Linagliptin, and Alogliptin	Medications
Combination Diabetes Medications: Glucovance, Metaglip	Medications
Combination Diabetes Medications: Actoplus Met	Medications
Combination Diabetes Medications: Duetact	Medications
Combination Diabetes Medications: Janumet, Kombiglyze, Jentadueto	Medications
Metformin	Medications
Nateglinide	Medications
Diabetes Medications, Hypoglycemia and Sick Days	Diabetes
Glyburide	Medications
Glimepiride	Medications
Humalog	Medications
Humulin 70/30	Medications
Repaglinide	Medications
Byetta	Medications
Victoza	Medications
Bydureon	Medications

Relevant Standard: PC.02.03.01

The hospital provides patient education and training based on each patient's needs and abilities.

Element of Performance: 10

Based on the patient's condition and assessed needs, the education and training provided to the patient by the hospital include any of the following:

- An explanation of the plan for care, treatment, and services
- Basic health practices and safety
- Information on the safe and effective use of medications (See also MM.06.01.01, EP 9; MM.06.01.03, EPs 3–6)
- Nutrition interventions (for example, supplements) and modified diets
- Discussion of pain, the risk for pain, the importance of effective pain management, the pain assessment process, and methods for pain management
- Information on oral health
- Information on the safe and effective use of medical equipment or supplies provided by the hospital
- Habilitation or rehabilitation techniques to help the patient reach maximum independence
- Fall reduction strategies

Program Titles

Your Care at Home: Checking Blood Sugar	Diabetes
Novolog	Medications
Managing Your Diabetes: An Introduction	Diabetes
Managing Your Diabetes: Healthy Eating	Diabetes
Managing Your Diabetes: Being Active	Diabetes
Managing Your Diabetes: Monitoring	Diabetes
Managing Your Diabetes: Taking Medication	Diabetes
Managing Your Diabetes: Problem Solving	Diabetes
Managing Your Diabetes: Reducing Risks	Diabetes
Managing Your Diabetes: Healthy Coping	Diabetes
Diabetes Complications: Large Blood Vessel Disease	Diabetes
Diabetes Complications: Nerve Disease	Diabetes
Diabetes Complications: Small Blood Vessel Disease	Diabetes
Other Health Problems of Unmanaged Diabetes	Diabetes
Preventing Diabetes Complications: Taking Medications Properly	Diabetes
The Need to Quit Smoking When You Have Diabetes	Diabetes
Preventing the Long-Term Complications of Diabetes	Diabetes
Diabetes Complications: Early Treatment	Diabetes
Finding the Support You Need When You Have Prediabetes	Diabetes
Medications for Prediabetes	Diabetes
Prediabetes: Choosing Healthy Foods	Diabetes
Prediabetes: Getting Active	Diabetes
Prediabetes: Lifestyle Changes	Diabetes
Testing for Prediabetes	Diabetes
Understanding Prediabetes	Diabetes
Prediabetes: Managing Portion Sizes	Diabetes
Is Your Plan for Treating Diabetes Working?	Diabetes
Learning All You Can About Diabetes	Diabetes
Lifestyle Changes for Better Diabetes Management	Diabetes
What is Type 2 Diabetes?	Diabetes
Your Type 2 Diabetes Plan	Diabetes
Exercising Safely When You Have Gestational Diabetes	Diabetes
Gestational Diabetes: Injecting Insulin with a Pen	Diabetes
Gestational Diabetes: Injecting Insulin with a Syringe	Diabetes

Gestational Diabetes: Managing Hypoglycemia	Diabetes
How to Check Your Blood Glucose When You Have Gestational Diabetes	Diabetes
Making Healthy Food Choices When You Have Gestational Diabetes	Diabetes
Managing Gestational Diabetes with Mixed-Dose Insulin Injections	Diabetes
Managing Gestational Diabetes with Single-Dose Insulin Injections	Diabetes
Using Insulin To Manage Gestational Diabetes	Diabetes
Choosing Carbohydrates Wisely When You Have Diabetes	Diabetes
Choosing Fats Wisely When You Have Diabetes	Diabetes
Choosing Healthy Foods Without a Food Label When You Have Diabetes	Diabetes
Making Healthy Choices at Fast Food Restaurants	Diabetes
Controlling Fats When Shopping and Cooking	Diabetes
Fill Your Shopping Cart with Fruits and Vegetables	Diabetes
Portion Size Tips for Shopping and Cooking	Diabetes
Strategies for Healthy Eating at Social Events	Diabetes
Tools to Help You Manage Food Choices When Dining Out	Diabetes
Managing Portion Sizes When You Have Diabetes	Diabetes
Preparing Foods in Healthful Ways When You Have Diabetes	Diabetes
Reading the Food Label When You Have Diabetes	Diabetes
Selecting Healthier Foods From Different Cuisines When You Have Diabetes	Diabetes
The Importance of Healthy Eating When You Have Diabetes	Diabetes
Changes that Lead to Better Diabetes Control	Diabetes
Creating an Exercise Routine When You Have Diabetes	Diabetes
Diabetes and Exercise Safety Tips	Diabetes
Exercise and Hypoglycemia	Diabetes
Include All Types of Activity and Exercise	Diabetes
Keeping Records for Tracking Your Progress	Diabetes
Finding Support to Help You Reach Your Diabetes Self-Care Goals	Diabetes
Keeping Motivated and Rewarding Your Diabetes Self-Care Progress	Diabetes
Overcoming Common Diabetes Self-Care Barriers	Diabetes
Setting Long-Term Diabetes Self-Management Goals	Diabetes
Short-Term Goals Lead to Long-Term Diabetes Management	Diabetes
The Value of Being Active When You Have Diabetes	Diabetes
How Activity and Movement Lower Blood Glucose	Diabetes
Long-Term Complications and A1c Value	Diabetes
The Need for Blood Glucose Monitoring and Record Keeping	Diabetes
Understanding Insulin	Diabetes
Using Insulin Safely	Diabetes
How Diabetes Medicines Work	Diabetes
Using Diabetes Medications Safely	Diabetes
Understanding Continuous Blood Glucose Monitoring (CGM)	Diabetes
Diabetes Medications: Acarbose, Miglitol	Medications
Diabetes Medications: Rosiglitazone, Pioglitazone	Medications
Diabetes Medications: Sitagliptin, Saxagliptin, Linagliptin, and Alogliptin	Medications
Combination Diabetes Medications: Glucovance, Metaglip	Medications
Combination Diabetes Medications: Actoplus Met	Medications
Combination Diabetes Medications: Duetact	Medications
Combination Diabetes Medications: Janumet, Kombiglyze, Jentadueto	Medications
Your Health Checklist: Preparing for Sick Days	Diabetes
Your Health Checklist: Dealing with an Emergency	Diabetes
Your Health Checklist: Your Emergency Supply Kit	Diabetes
Your Health Checklist: Diabetes and Depression	Diabetes

Understanding Hypoglycemia (Low Blood Glucose)	Diabetes
Treating Hypoglycemia (Low Blood Glucose) When You Have Diabetes	Diabetes
The Role of Glucagon in Managing Your Diabetes	Diabetes
Understanding Hyperglycemia (High Blood Glucose)	Diabetes
Strategies for Traveling When You Have Diabetes	Diabetes
Managing Your Diabetes Medications on the Road	Diabetes
Metformin	Medications
Nateglinide	Medications
Diabetes Medications, Hypoglycemia and Sick Days	Diabetes
Types of Insulin	Diabetes
Preparing and Injecting Single Dose Insulin	Diabetes
How Illness and Injury Affect Diabetes	Diabetes
Creating a Sick Day Plan	Diabetes
Common Emotions at Diabetes Diagnosis	Diabetes
The Challenge of Diabetes Self-Care	Diabetes
Diabetes and Emotions: Turning Negatives into Positives	Diabetes
Diabetes and Emotions: Managing Stress	Diabetes
Diabetes and Depression	Diabetes
Creating Your Diabetes Support Network	Diabetes
Diabetes Support: Loved Ones and Friends	Diabetes
Diabetes Support: Your Healthcare Team and Community	Diabetes
Diabetes and Emotions: Recognizing Stress	Diabetes
The Importance of Skin and Foot Care	Diabetes
Protecting Your Feet	Diabetes
Protecting Your Skin	Diabetes
Examining Your Skin and Feet	Diabetes
Skin and Foot Care Exams	Diabetes
The Connection between Diabetes and Heart Disease	Diabetes
Determining Your Risk	Diabetes
Lifestyle Changes for Managing Diabetes and Heart Disease	Diabetes
Medication Management and Safety	Diabetes
Stress and Your Heart	Diabetes
Monitoring and When to Call	Diabetes
Coping with Diabetes and Heart Disease	Diabetes
Glyburide	Medications
Glimepiride	Medications
Humalog	Medications
Humulin 70/30	Medications
Repaglinide	Medications
Byetta	Medications
Victoza	Medications
Bydureon	Medications
Trulicity	Medications
Humulin N	Medications
Humulin U-500 Insulin	Medications
Diabetes Medications: Canagliflozin, Dapagliflozin, Empagliflozin, Ertugliflozin	Medications
Your Healthcare Checklist: Diabetes Medications	Diabetes
Choosing an Injection Site	Diabetes
Your Healthcare Checklist: Syringe and Needle Disposal	Diabetes
Small Steps to Manage Your Blood Sugar	Diabetes

Relevant Standard: PC.04.01.05

Before the hospital discharges or transfers a patient, it informs and educates the patient about his or her follow-up care, treatment, and services.

Element of Performance: 2

Before the patient is discharged, the hospital informs the patient, and also the patient's family when it is involved in decision making or ongoing care, of the kinds of continuing care, treatment, and services the patient will need.

Program Titles

Your Health Checklist: Preparing for Sick Days	Diabetes
Your Health Checklist: Dealing with an Emergency	Diabetes
Your Health Checklist: Your Emergency Supply Kit	Diabetes
How Illness and Injury Affect Diabetes	Diabetes
Creating a Sick Day Plan	Diabetes

Element of Performance: 7

The hospital educates the patient, and also the patient's family when it is involved in decision making or ongoing care, about how to obtain any continuing care, treatment, and services that the patient will need.

Program Titles

Novolog	Medications
Learning All You Can About Diabetes	Diabetes
What is Type 2 Diabetes?	Diabetes
Your Type 2 Diabetes Plan	Diabetes
Your Health Checklist: Diabetes and Depression	Diabetes
Common Emotions at Diabetes Diagnosis	Diabetes
The Challenge of Diabetes Self-Care	Diabetes
Diabetes and Emotions: Turning Negatives into Positives	Diabetes
Diabetes and Emotions: Managing Stress	Diabetes
Diabetes and Depression	Diabetes
Creating Your Diabetes Support Network	Diabetes
Diabetes Support: Loved Ones and Friends	Diabetes
Diabetes Support: Your Healthcare Team and Community	Diabetes
Diabetes and Emotions: Recognizing Stress	Diabetes
Monitoring and When to Call	Diabetes