

Library: Prenatal & Maternity

Relevant Standard: IC.02.01.01

The hospital implements its infection prevention and control plan.

Element of Performance: 7

The hospital implements its methods to communicate responsibilities for preventing and controlling infection to licensed independent practitioners, staff, visitors, patients, and families. Information for visitors, patients, and families includes hand and respiratory hygiene practices. (See also HR.01.04.01, EP 4)

Note: Information may have different forms of media, such as posters or pamphlets.

Program Titles

Infants and Children in the Hospital

Prenatal & Maternity

Relevant Standard: MM.06.01.01

The hospital safely administers medications.

Element of Performance: 9

Before administering a new medication, the patient or family is informed about any potential clinically significant adverse drug reactions or other concerns regarding administration of a new medication. (See also MM.06.01.03, EPs 3–6; PC.02.03.01, EP 10)

Program Titles

Drug and Alcohol Use: Making safe choices and seeking help

Prenatal & Maternity

Relevant Standard: MM.06.01.03

Self-administered medications are administered safely and accurately.

Note: The term "self-administered medication(s)" may refer to medications administered by a family member.

Element of Performance: 3

The hospital educates patients and families involved in self-administration about the following: Medication name, type, and reason for use. (See also MM.06.01.01, EP 9; PC.02.03.01, EP 10)

Program Titles

Gestational Diabetes: Injecting Insulin with a Pen

Diabetes

Gestational Diabetes: Injecting Insulin with a Syringe

Diabetes

Gestational Diabetes: Managing Hypoglycemia

Diabetes

Managing Gestational Diabetes with Mixed-Dose Insulin Injections

Diabetes

Managing Gestational Diabetes with Single-Dose Insulin Injections

Diabetes

Using Insulin To Manage Gestational Diabetes

Diabetes

Relevant Standard: PC.01.02.07

The hospital assesses and manages the patient's pain.

Element of Performance: 5

The hospital involves patients in the pain management treatment planning process through the following:

- Developing realistic expectations and measurable goals that are understood by the patient for the degree, duration, and reduction of pain
 - Discussing the objectives used to evaluate treatment progress (for example, relief of pain and improved physical and psychosocial function)
 - Providing education on pain management, treatment options, and safe use of opioid and non-opioid medications when prescribed
- (See also RI.01.02.01, EPs 2–4, 8; RI.01.03.01, EP 1)

Program Titles

Pain Management Through Labor and Delivery

Prenatal & Maternity

Relevant Standard: PC.01.02.09

The hospital assesses the patient who may be a victim of possible abuse and neglect.

Element of Performance: 1

The hospital has written criteria to identify those patients who may be victims of physical assault, sexual assault, sexual molestation, domestic abuse, or elder or child abuse and neglect. (See also RI.01.06.03, EP 2)

Note: Criteria can be based on age, sex, and circumstance.

Program Titles

A Life in Your Hands: Preventing SBS - What is Shaken Baby Syndrome?	Prenatal & Maternity
A Life in Your Hands: Preventing SBS - Controlling Your Emotions	Prenatal & Maternity
Newborn Care: Car Seat Safety	Prenatal & Maternity

Element of Performance: 7

The hospital reports cases of possible abuse and neglect to external agencies, in accordance with law and regulation. (See also RI.01.06.03, EP 3)

Program Titles

A Life in Your Hands: Preventing SBS - What is Shaken Baby Syndrome?	Prenatal & Maternity
A Life in Your Hands: Preventing SBS - Controlling Your Emotions	Prenatal & Maternity
Newborn Care: Car Seat Safety	Prenatal & Maternity

Relevant Standard: PC.02.03.01

The hospital provides patient education and training based on each patient's needs and abilities.

Element of Performance: 1

The hospital performs a learning needs assessment for each patient, which includes the patient's cultural and religious beliefs, emotional barriers, desire and motivation to learn, physical or cognitive limitations, and barriers to communication.

Program Titles

A Life in Your Hands: Preventing SBS - What is Shaken Baby Syndrome?	Prenatal & Maternity
A Life in Your Hands: Preventing SBS - Controlling Your Emotions	Prenatal & Maternity
Cleaning and Healthy Air	Prenatal & Maternity
Breastfeeding in Public for New Moms	Prenatal & Maternity
Circumcision: What You Need to Know	Prenatal & Maternity
Preventing Shaken Baby Syndrome	Prenatal & Maternity
Caring for your Premie	Prenatal & Maternity

Element of Performance: 10

Based on the patient's condition and assessed needs, the education and training provided to the patient by the hospital include any of the following:

- An explanation of the plan for care, treatment, and services
- Basic health practices and safety
- Information on the safe and effective use of medications (See also MM.06.01.01, EP 9; MM.06.01.03, EPs 3–6)
- Nutrition interventions (for example, supplements) and modified diets
- Discussion of pain, the risk for pain, the importance of effective pain management, the pain assessment process, and methods for pain management
- Information on oral health
- Information on the safe and effective use of medical equipment or supplies provided by the hospital
- Habilitation or rehabilitation techniques to help the patient reach maximum independence
- Fall reduction strategies

Program Titles

Jaundice and Your Newborn	Prenatal & Maternity
Mommy Don't Smoke	Prenatal & Maternity
Scheduling Well Baby Visits	Prenatal & Maternity

What Your Newborn Sees and Hears	Prenatal & Maternity
Your Baby's Oral Health	Prenatal & Maternity
A Life in Your Hands: Preventing SBS - What is Shaken Baby Syndrome?	Prenatal & Maternity
A Life in Your Hands: Preventing SBS - Controlling Your Emotions	Prenatal & Maternity
Cleaning and Healthy Air	Prenatal & Maternity
Breastfeeding in Public for New Moms	Prenatal & Maternity
Newborn Care: Car Seat Safety	Prenatal & Maternity
Circumcision: What You Need to Know	Prenatal & Maternity
Healthy Eating From the Start	Prenatal & Maternity
Healthy Eating: 6-8 Months	Prenatal & Maternity
Preventing Shaken Baby Syndrome	Prenatal & Maternity
Helpful Strategies for Successful Breastfeeding	Prenatal & Maternity
Breastfeeding: Proper Latch-on and Removal from the Breast	Prenatal & Maternity
Hand Expression in Breastfeeding	Prenatal & Maternity
Breastfeeding: Overcoming the Challenges of Breastfeeding	Prenatal & Maternity
Exercising Safely When You Have Gestational Diabetes	Diabetes
Gestational Diabetes: Injecting Insulin with a Pen	Diabetes
Gestational Diabetes: Injecting Insulin with a Syringe	Diabetes
Gestational Diabetes: Managing Hypoglycemia	Diabetes
How to Check Your Blood Glucose When You Have Gestational Diabetes	Diabetes
Making Healthy Food Choices When You Have Gestational Diabetes	Diabetes
Managing Gestational Diabetes with Mixed-Dose Insulin Injections	Diabetes
Managing Gestational Diabetes with Single-Dose Insulin Injections	Diabetes
Using Insulin To Manage Gestational Diabetes	Diabetes
Bathing Your Newborn Baby	Prenatal & Maternity
Comforting Your Crying Newborn	Prenatal & Maternity
Diapering and Dressing Your Newborn	Prenatal & Maternity
Newborn Care: Breastfeeding Overview	Prenatal & Maternity
Your Newborn's Appearance	Prenatal & Maternity
Newborn Care: How to Take Your Newborn's Temperature	Prenatal & Maternity
Newborn Care: The Benefits of Skin to Skin Contact	Prenatal & Maternity
Postpartum Care: Changes in Your Body After Delivery	Prenatal & Maternity
Postpartum Care: Your Physical Recovery	Prenatal & Maternity
New Mom: What to Expect During Your Hospital Stay	Prenatal & Maternity
Safe Houseplants for Kids and Pets	Prenatal & Maternity
Safe Homes: Preventing Furniture Tipping Injuries	Prenatal & Maternity
Newborn Care: Installing Your Car Seat	Prenatal & Maternity
Soothe Your Baby	Prenatal & Maternity
When to Call the Doctor	Prenatal & Maternity
Rooming In With Your Baby	Prenatal & Maternity
Safe Infant Sleep for Grandparents and Other Trusted Caregivers	Prenatal & Maternity
Trimesters of Pregnancy	Prenatal & Maternity
Drug and Alcohol Use: Making safe choices and seeking help	Prenatal & Maternity
Baby's Almost Here: Advantages of Going Full Term	Prenatal & Maternity
Baby's Almost Here: Managing Risks as You Approach Delivery	Prenatal & Maternity
Baby's Almost Here: Enjoying the Final Weeks of Pregnancy	Prenatal & Maternity
Infant Milestones & Care: Birth to 3 Months	Prenatal & Maternity
Infant Milestones & Care: 4 to 7 Months	Prenatal & Maternity
Infant Milestones & Care: 8 to 12 Months	Prenatal & Maternity
Babyproofing	Prenatal & Maternity
Keeping Baby Clean	Prenatal & Maternity

Partner's Role with Baby: Bonding with Baby	Prenatal & Maternity
Partner's Role with Baby: Partner and Caregiver	Prenatal & Maternity
Choking Prevention Skills	Prenatal & Maternity
Infant CPR	Prenatal & Maternity
Newborn Care: Common Health Concerns	Prenatal & Maternity
Postpartum Care: Your Follow-up Appointment	Prenatal & Maternity
Neonatal Abstinence Syndrome	Prenatal & Maternity
Swaddling Your Baby	Prenatal & Maternity
The Workplace and Pregnancy	Prenatal & Maternity
Pain Management Through Pregnancy	Prenatal & Maternity
Newborn Care: Sleeping	Prenatal & Maternity
Breastfeeding Your Newborn	Prenatal & Maternity
Postpartum Nutrition	Prenatal & Maternity
Newborn Immunizations	Prenatal & Maternity
Handling Stress Over Breastfeeding	Prenatal & Maternity
When Baby Won't Latch: Strategies to Help Breastfeeding	Prenatal & Maternity
Newborn Skin Care	Prenatal & Maternity
Preventing Infant Falls	Prenatal & Maternity
Understanding Immunizations	Prenatal & Maternity
SIDS: Safe Sleep Techniques for Your Newborn	Prenatal & Maternity
Sun Protection for Newborns and Infants	Prenatal & Maternity
Treating Newborn Eczema	Prenatal & Maternity
Diaper Rash and Your Newborn	Prenatal & Maternity
After Birth: When is it OK to Have Sex Again?	Prenatal & Maternity
Fall Prevention for New Moms: At Home	Prenatal & Maternity
Symptoms of Postpartum Anxiety and Depression	Prenatal & Maternity
The First Hours: What Happens to Your Newborn After Birth	Prenatal & Maternity
Bouncing Back: Recovery After Giving Birth	Prenatal & Maternity
Caring for your Preemie	Prenatal & Maternity
Pregnancy Symptoms: 1st Trimester	Prenatal & Maternity
Pregnancy Symptoms: 2nd Trimester	Prenatal & Maternity
Pregnancy Symptoms: 3rd Trimester	Prenatal & Maternity
Vaccination During Pregnancy	Prenatal & Maternity
Hyperemesis: Dealing With Severe Morning Sickness	Prenatal & Maternity
Understanding Preeclampsia	Prenatal & Maternity
Understanding Miscarriage	Prenatal & Maternity
Fetal Kick Counts: Measuring Fetal Movement	Prenatal & Maternity
Reducing Your Risk of Preterm Labor	Prenatal & Maternity
When Your Water Breaks: How to Know You're in labor	Prenatal & Maternity
Inducing Labor	Prenatal & Maternity
Fetal Monitoring During Labor	Prenatal & Maternity
What is an Epidural?	Prenatal & Maternity
Non-Drug Options for Pain Relief	Prenatal & Maternity
Understanding and Preventing Postpartum Hemorrhage	Prenatal & Maternity
Fall Prevention for New Moms: In the Hospital	Prenatal & Maternity
When Will I Need a C-Section?	Prenatal & Maternity
What Will I Experience During a C-Section?	Prenatal & Maternity
C-Section and Kangaroo Care	Prenatal & Maternity
Returning to Work After Birth	Prenatal & Maternity
Building a Healthy Support Network	Prenatal & Maternity
Car Seats Aren't Cribs: Safe Sleep for Baby	Prenatal & Maternity

Handling Hospital Paperwork with a New Baby	Prenatal & Maternity
Leaving the Hospital with Your Newborn	Prenatal & Maternity
Protecting Your Newborn from Flu	Prenatal & Maternity
Working Together as a Family	Prenatal & Maternity
Breastfeeding and Opiates	Prenatal & Maternity
Baby Tummy Time	Prenatal & Maternity
Safe Storage of Breastmilk	Prenatal & Maternity
Warming and Preparing Stored Breastmilk	Prenatal & Maternity
How to Choose a Breast Pump	Prenatal & Maternity
Breastfeeding: Going Back to Work	Prenatal & Maternity
Postpartum Care: Emotions	Prenatal & Maternity
Is Baby Getting Enough Breast Milk?	Prenatal & Maternity
SUID (Sudden Unexpected Infant Death)	Prenatal & Maternity
Caffeine During Pregnancy	Prenatal & Maternity
Mindful Eating During Pregnancy	Prenatal & Maternity
Weight Gain During Pregnancy	Prenatal & Maternity
Eating Seafood During Pregnancy	Prenatal & Maternity
Prenatal Vitamins During Pregnancy	Prenatal & Maternity
When to Call the Doctor: Postpartum Depression	Prenatal & Maternity
Postpartum High Blood Pressure	Prenatal & Maternity
All About Infant Crying	Prenatal & Maternity
When to Call the Doctor: Infant Crying	Prenatal & Maternity
Sudden Unexpected Postnatal Collapse (SUPC)	Prenatal & Maternity
Baby's First Test: Heart Disease Screening	Prenatal & Maternity
Nitrous Oxide for Labor and Delivery	Prenatal & Maternity
Your Health Checklist: Bath Safety Tips	Prenatal & Maternity
Your Health Checklist: Toy Safety Tips	Prenatal & Maternity
Do's and Don'ts of Healing From a C-Section	Prenatal & Maternity
When to Call the Doctor: Postpartum Red Flags	Prenatal & Maternity
Baby's First Teacher	Prenatal & Maternity
RSV	Prenatal & Maternity
Tips for Bonding With Your Baby	Prenatal & Maternity
Signs Your Baby Is Hungry or Full	Prenatal & Maternity
How to Burp a Baby	Prenatal & Maternity
Safe Sleep Environment	Prenatal & Maternity
Shaken Baby Syndrome	Prenatal & Maternity
Responding to Your Baby's Needs	Prenatal & Maternity
Car Seat Safety Tips	Prenatal & Maternity

Element of Performance: 25

The hospital evaluates the patient's understanding of the education and training it provided.

Program Titles

Preventing Shaken Baby Syndrome	Prenatal & Maternity
Caring for your Preemie	Prenatal & Maternity

Relevant Standard: PC.04.01.05

Before the hospital discharges or transfers a patient, it informs and educates the patient about his or her follow-up care, treatment, and services.

Element of Performance: 2

Before the patient is discharged, the hospital informs the patient, and also the patient's family when it is involved in decision making or ongoing care, of the kinds of continuing care, treatment, and services the patient will need.

Program Titles

Preventing Shaken Baby Syndrome	Prenatal & Maternity
Newborn Care: Common Health Concerns	Prenatal & Maternity
Postpartum Care: Your Follow-up Appointment	Prenatal & Maternity
Neonatal Abstinence Syndrome	Prenatal & Maternity
Swaddling Your Baby	Prenatal & Maternity
Postpartum Nutrition	Prenatal & Maternity
Going Back to Work? Know Your Rights	Prenatal & Maternity
Newborn Skin Care	Prenatal & Maternity
Preventing Infant Falls	Prenatal & Maternity
Baby Tummy Time	Prenatal & Maternity

Element of Performance: 7

The hospital educates the patient, and also the patient's family when it is involved in decision making or ongoing care, about how to obtain any continuing care, treatment, and services that the patient will need.

Program Titles

Mommy Don't Smoke	Prenatal & Maternity
What Your Newborn Sees and Hears	Prenatal & Maternity
Going Home Basics	Prenatal & Maternity
Taking Care of Mom	Prenatal & Maternity
Caring for Baby	Prenatal & Maternity
Keeping Baby Safe	Prenatal & Maternity
Preventing Shaken Baby Syndrome	Prenatal & Maternity
Breastfeeding: Overcoming the Challenges of Breastfeeding	Prenatal & Maternity
Bathing Your Newborn Baby	Prenatal & Maternity
Your Newborn's Appearance	Prenatal & Maternity
Newborn Care: How to Take Your Newborn's Temperature	Prenatal & Maternity
Postpartum Care: Changes in Your Body After Delivery	Prenatal & Maternity
Postpartum Care: Your Physical Recovery	Prenatal & Maternity
When to Call the Doctor	Prenatal & Maternity
Infant Milestones & Care: Birth to 3 Months	Prenatal & Maternity
Infant Milestones & Care: 4 to 7 Months	Prenatal & Maternity
Infant Milestones & Care: 8 to 12 Months	Prenatal & Maternity
Newborn Care: Common Health Concerns	Prenatal & Maternity
Postpartum Care: Your Follow-up Appointment	Prenatal & Maternity
Going Back to Work? Know Your Rights	Prenatal & Maternity
Newborn Skin Care	Prenatal & Maternity
Symptoms of Postpartum Anxiety and Depression	Prenatal & Maternity
Pregnancy Symptoms: 1st Trimester	Prenatal & Maternity
Pregnancy Symptoms: 2nd Trimester	Prenatal & Maternity
Pregnancy Symptoms: 3rd Trimester	Prenatal & Maternity
Vaccination During Pregnancy	Prenatal & Maternity
Hyperemesis: Dealing With Severe Morning Sickness	Prenatal & Maternity
Understanding Preeclampsia	Prenatal & Maternity
Understanding Miscarriage	Prenatal & Maternity
Fetal Kick Counts: Measuring Fetal Movement	Prenatal & Maternity
Reducing Your Risk of Preterm Labor	Prenatal & Maternity

When Your Water Breaks: How to Know You're in labor	Prenatal & Maternity
Inducing Labor	Prenatal & Maternity
Fetal Monitoring During Labor	Prenatal & Maternity
What is an Epidural?	Prenatal & Maternity
Non-Drug Options for Pain Relief	Prenatal & Maternity
Understanding and Preventing Postpartum Hemorrhage	Prenatal & Maternity
Fall Prevention for New Moms: In the Hospital	Prenatal & Maternity
When Will I Need a C-Section?	Prenatal & Maternity
What Will I Experience During a C-Section?	Prenatal & Maternity
C-Section and Kangaroo Care	Prenatal & Maternity
Returning to Work After Birth	Prenatal & Maternity
When to Call the Doctor: Fever	Prenatal & Maternity
When to Call the Doctor: Postpartum Depression	Prenatal & Maternity

Relevant Standard: PC.06.01.01

Element of Performance: 7

Program Titles

Understanding and Preventing Postpartum Hemorrhage	Prenatal & Maternity
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Relevant Standard: PC.06.03.01

Reduce the likelihood of harm related to maternal severe hypertension/preeclampsia.

Element of Performance: 6

Provide printed education to patients (and their families including the designated support person whenever possible). At a minimum, education includes:

- Signs and symptoms of severe hypertension/preeclampsia during hospitalization that alert the patient to seek immediate care
- Signs and symptoms of severe hypertension/preeclampsia after discharge that alert the patient to seek immediate care
- When to schedule a post-discharge follow-up appointment

Program Titles

Understanding Preeclampsia	Prenatal & Maternity
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Relevant Standard: RI.01.03.01

The hospital honors the patient's right to give or withhold informed consent.

Element of Performance: 2

The informed consent process includes a discussion about the following:

- The patient's proposed care, treatment, and services.
- Potential benefits, risks, and side effects of the patient's proposed care, treatment, and services; the likelihood of the patient achieving his or her goals; and any potential problems that might occur during recuperation.
- Reasonable alternatives to the patient's proposed care, treatment, and services. The discussion encompasses risks, benefits, and side effects related to the alternatives and the risks related to not receiving the proposed care, treatment, and services.

Program Titles

Circumcision: What You Need to Know	Prenatal & Maternity
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